

## **BABCP COUPLES SPECIAL INTEREST GROUP (SIG) Group Supervision and Networking for Couples Therapists Presented by the Couples SIG Committee**

**Date:** Thursday 27<sup>th</sup> June 2019

**Times:** 9.30am to 1.00pm (Registration from 9.00am)

**Venue:** Efficacy Room 3, 7a Eccleston Street, London, SW1W 9LX

**About the workshop:** This half-day day event is aimed at developing a national supervision network of Couples Therapists. There is a growing demand for high quality couples-based supervision, and this is our ongoing event aimed at linking CBCT therapists with each other for the purpose of discussing cases and exchanging ideas about service delivery.

The Couples Special Interest Group Annual General Meeting will follow immediately afterwards.

**Aims:** The event will include the opportunity for group case discussion. Any couples-based intervention is welcome (Couples Therapy, Disorder-Specific Interventions, Partner-Assisted Interventions). We could also hold roundtable discussions on service-delivery issues, including IAPT, NHS and Private-Practice-Based topics. This will provide an excellent opportunity for couples therapists and potential supervisors to get to know one another in order to develop a couples-based supervisory network.

**Participants:** The event is for clinicians working with couples in any setting (IAPT, Primary/Secondary Care, charities, private practice, etc.). An interest in working with couples is more important than experience. All levels of skill and experience are welcome to attend.

### **Presenters:**

The members of the BABCP Couples Special Interest Group Committee come from a wide range of clinical experiences and settings. Having been trained using various CBT-based couples modalities, including Cognitive-Behavioural Couples Therapy and Integrative Behavioural Couples Therapy, the Committee members are an enthusiastic group of couples therapists and researchers who would like to strengthen the role that couples-based interventions play in both couples and individual therapy.

### **Registration and General Information**

BABCP Member fee: £40      Non-Member fee: £50

A CPD certificate for 3.5 hours will be issued.

**Closing date for registrations is Thursday 20<sup>th</sup> June 2019**

For any event or booking queries please contact BABCP head office on 0330 320 0851 or email [workshops@babcp.com](mailto:workshops@babcp.com)