

## **BABCP COUPLES SPECIAL INTEREST GROUP (SIG) Group Supervision and Networking for Couples Therapists Presented by the Couples SIG Committee**

**Date:** Monday 21<sup>st</sup> January 2019

**Times:** 9.30am to 1.00pm (Registration from 9.00am)

**Venue:** 2/8 Longcroft House, Victoria Avenue, Liverpool Street, London, EC2M 4NS

**About the workshop:** This half-day day event is aimed at developing a national supervision network of Couples Therapists. There is a growing demand for high quality couples-based supervision and this is our ongoing event aimed at linking CBCT therapists with each other for the purpose of discussing cases and exchanging ideas about service delivery.

**Aims:** The event will include the opportunity for group case discussion. Any couples-based intervention is welcome (Couples Therapy, Disorder-Specific Interventions, Partner-Assisted Interventions). We could also hold roundtable discussions on service-delivery issues, including IAPT, NHS and Private-Practice-Based topics. This will provide an excellent opportunity for couples therapists and potential supervisors to get to know one another in order to develop a couples-based supervisory network.

**Participants:** The event is for clinicians working with couples in any setting (IAPT, Primary/Secondary Care, charities, private practice, etc.). An interest in working with couples is more important than experience. All levels of skill and experience are welcome to attend.

### **Presenters:**

The members of the BABCP Couples Special Interest Group Committee come from a wide range of clinical experiences and settings. Having been trained using various CBT-based couples modalities, including Cognitive-Behavioural Couples Therapy and Integrative Behavioural Couples Therapy, the Committee members are an enthusiastic group of couples therapists and researchers who would like to strengthen the role that couples-based interventions play in both couples and individual therapy.

### **Registration Information:**

BABCP Member: £40                  Non-Member: £60

Refreshments are included, but not lunch. A CPD certificate for 3.5 hours will be issued.

Once your completed registration form and payment have been received you will be emailed confirmation of your booking. If you choose the invoicing option, your place will only be booked and confirmed on receipt of payment.

**Closing date for registrations is Friday 11 January 2018.**