

WEST YORKSHIRE BRANCH

Creating Effective Behavioural Experiments in CBT

Presented by Helen Boothman & Laura Johnson

Wednesday 1st May 2019

Times: 9.30am to 12.30am

Venue: Touchstone IAPT, 179-181 Haslewood Drive, Leeds, LS9 7RE

About the workshop

An experiential workshop for clinicians, of all levels, to consolidate skills, increase confidence and share experiences in creating effective Behavioural Experiments.

Following a brief recap of the theory on Behavioural Experiments, participants will have the opportunity to practise designing Behavioural Experiments and improve their practice. Case examples will be provided but participants may find it most beneficial to come with their own case examples to work on during the session.

Event Information

Price includes tea and coffee.

A CPD certificate will be provided for 3 hours CPD.

Registration closes – Midday **Wednesday 24th April 2019**

Venue - <https://www.touchstonesupport.org.uk/services/improving-access-to-psychological-therapies-iapt-service/>

Please note: Parking is restricted. There is some on street parking. However, public transport is advised.

Fees

BABCP Member - £5

Non-Member - £7