

The Lead Organisation for CBT in the UK and Ireland

British Association for Behavioural
& Cognitive Psychotherapies



SUPERVISOR REACCREDITATION. Provision of Supervision Log

Give details of at least 20 hours of the CBT Clinical Supervision you have provided **over the last twelve months**, and indicate which Supervisees have provided Supervisees' Feedback Reports. You should provide at least one Supervisee Feedback Report.

Supervisee Name	Supervisee Status	Supervisee Clientele	Content	Methods	Type, Duration & Frequency	Total No. Hours	Setting	Feedback Report Provided
Paula Verity, Louise Carter, Harvey Smith	Couns & Clin Psych Doctoral trainees on CBT placement	Adult in-patient secondary care – moderate depression, anxiety disorders and bipolar disorder	Development of core skills, formulation, key interventions and techniques, therapeutic relationship skills	Joint assessments and therapy, in-vivo assessments & video tapes scored on CTS-R, role play, case presentations & discussions	Group, Weekly x 2 hrs and individual x2 hours	32	Brightside NHS Trust	<input type="checkbox"/>
Nick Parker, Hosanna Van Der Watt	Couns & Clin Psych Doctoral trainees on CBT placement	Adult out-patient specialist CBT Clinic – mild to moderate depression, anxiety disorders	Development of core skills, formulation, key interventions and techniques, therapeutic relationship skills	Joint assessments and therapy, in-vivo assessments & video tapes scored on CTS-R, role play, case presentations & discussions	Fortnightly individual x 1 hour	50	Hightown Mental Healthcare Trust	<input type="checkbox"/>
Katherine James	CBT Therapist	Adult private practice – Axis I disorders	Formulation, key and advanced interventions and techniques, therapeutic relationship skills, risk	Video tapes scored on CTS-R, role play, case presentations & discussions	Monthly individual x1.5 hours	18	Private	<input checked="" type="checkbox"/>
					TOTAL HOURS	100	TOTAL FEEDBACK REPORTS	