


CBT CPD Evidence for Audit

Name: <i>Susan James</i>		Membership Number <i>123456</i>
12 month period from: <i>June 2017 to: June 2018 (month and year)</i>		
CBT CPD Activities	Evidence of Activities	Labelled as Eg CPD – 1.
Please list 5 activities drawn from the listing of acceptable CBT activities for 12 month period. There must be a minimum of 6 hours of skills development within these.. Only complete Supervisory or Trainer rows if you have those Accreditations.	Please list here the evidence you are providing for each activity – and include this evidence with your submission for audit. Use of Reflective Statements is highly recommended.	Please ensure you attach all evidence.
<i>CBT Approaches to OCD. 6 hour skills workshop. Professor V. Kleener</i>	<i>Certificate</i>	<i>CPD 1</i>
	<i>Reflective Statement</i>	<i>CPD 2</i>
<i>Departmental peer skills practice group – bimonthly. Facilitator: Dr Stephen Jones. IAPT Service, Placeville</i>	<i>Statement by Dr Jones</i>	<i>CPD 1</i>
	<i>Reflective Statement</i>	<i>CPD 3</i>
<i>Reading Article: “A Meta-Analysis of CBT Approaches for Managing Chronic Pain” . Behaviour Research and Therapy 2.3.pp 114-1119. 2015</i>	<i>Abstract Page of Article</i>	<i>CPD 4</i>
	<i>Reflective Statement</i>	<i>CPD 5</i>
<i>Wrote guidance manual for providing supervision for my IAPT service.</i>	<i>Manual Printout</i>	<i>CPD 6</i>
<i>Gave lecture on CBT Treatment of GAD. University of Placeville.</i>	<i>Powerpoint handouts</i>	<i>CPD 7</i>
	<i>Reflective Statement</i>	<i>CPD 8</i>
Supervisory CPD (if you have Supervisor Accreditation):		
<i>See 4th entry above.</i>		
Trainer CPD (if you have Trainer Accreditation):		
<i>Tutorial – internet teaching skills. E-learners International</i>	<i>Certificate</i>	<i>CPD 9</i>
	<i>Reflective Statement</i>	<i>CPD 10</i>
Additional information:		
Please note here any additional information about your CPD for the above time period:		
<i>I have used the writing of a supervision manual for my service as a supervision activity and a CBT practitioner activity.</i>		
Declaration: I confirm that the above is a true account of my CBT CPD for the stated time period.		
Signature		Date <i>28/6/18</i>