



UCL

BABCP

Cost:

FREE

**Thursday
23rd Sept
7-9pm**

Steve Hayes

Steve is one of the founders of Acceptance and Commitment Therapy (ACT) and Relational Frame Theory (RFT). Steve is author of 32 books including the bestselling self-help book [Get Out of Your Mind and Into Your Life](#). He is currently Nevada Foundation Professor at the Department of Psychology at the University of Nevada.

David Veale

David is a consultant psychiatrist in CBT at the Centre for Anxiety Disorders and Trauma at the Maudsley Hospital. He has written numerous CBT self help books particularly related to OCD and BDD. He is also an ex-president of the BABCP.

Steve Pilling

Steve is the director of the Centre for Outcome, Research and Effectiveness (CORE) at University College London. He has published extensively on health services research and psychological treatments, particularly for depression.

“The Future of Behavioural and Cognitive Therapies”—a debate and discussion with Steve Hayes, David Veale and Steve Pilling

UCL

**Cruciform
Building LT1
90 Gower St
WC1E 6BT
Central London**

*For more
information email
actsig@babcp.com*

Don't miss this rare opportunity to hear leaders in the field debate and discuss the future of behavioral and cognitive therapies.

This event is likely to be over-subscribed so please RSVP to book a place:

actsig@babcp.com

This event is joint hosted by the BABCP ACT Special Interest Group and UCL.

Directions: The nearest tube stations are Euston Station and Warren St. Map: <http://tiny.cc/dadzt>